



## Term 2 2025 ADP Workshop Schedule

- All weekday workshops are at 7:00 p.m. Eastern Time (ET) unless otherwise noted.
- All Saturday workshops are at 1:00 p.m. ET.
- All workshops can be accessed by clicking the [Workshop Meeting Link](#) unless otherwise indicated.
- Unable to attend a workshop? [They are archived and available 24/7 at this video archive site.](#)
- Looking for tips on a specific topic? [Check out our playlists at the Post Academic Success site.](#)
- Questions? Contact us at [Workshops@post.edu](mailto:Workshops@post.edu)

### Week 1:

- Tuesday, August 26th: Blackboard 101
- Wednesday, August 27th: Creating a Discussion Board Post
- Thursday, August 28th: Retaking A Course
- Friday, August 29th: University Policies
- Saturday, August 30th: Blackboard 101
- Saturday, August 30<sup>th</sup>: Creating a Discussion Board Post (2:00 PM ET)

### Week 2:

- Monday, September 1st: NO WORKSHOP

- **Tuesday, September 2nd: Financial Literacy Series (6:00 PM ET)**
- **Tuesday, September 2nd: Basic Technology Skills**
- **Wednesday, September 3rd (3:00 PM ET): CCPD Power Hour**
- **Wednesday, September 3rd: Basic Time Management Skills**
- **Thursday, September 4th (1:00 PM ET): How to Become an Effective Online Learner**
- **Thursday, September 4th: Financial Aid Part 1**
- **Friday, September 5th: Retaking A Course**
- **Saturday, September 6th: Basic Time Management Skills**

**Week 3:**

- **Monday, September 8th: University Policies**
- **Tuesday, September 9th: Financial Literacy Series (6:00 PM ET)**
- **Tuesday, September 9th: Basic APA Style Writing Skills**
- **Wednesday, September 10th (3:00 PM ET): CCPD Power Hour**
- **Wednesday, September 10th: Basic Academic Writing Skills**
- **Thursday, September 11th (1:00 PM ET): Finding Your Balance-Work, Life, School**
- **Thursday, September 11th: Scholarships**
- **Saturday, September 13th: Basic APA Style Writing Skills**

**Week 4:**

- **Monday, September 15th: Overcoming Student Stress**
- **Tuesday, September 16th: Financial Literacy Series (6:00 PM ET)**
- **Tuesday, September 16th: Library & Research Skills**
- **Wednesday, September 17th: Basic Time Management Skills**
- **Thursday, September 18th (1:00 pm EDT): Making Connection & Building Community**
- **Thursday, September 18th: Back on Track**
- **Friday, September 19th: Trivia Night: Hispanic Heritage**
- **Saturday, September 20th: Basic Technology Skills**

**Week 5:**

- **Monday, September 22nd: Advanced Technology Skills**
- **Tuesday, September 23rd: Financial Literacy Series (6:00 PM ET)**
- **Tuesday, September 23rd: Basic Technology Skills**
- **Wednesday, September 24th (3:00 PM ET): CCPD Power Hour**
- **Wednesday, September 24th: Wellness Wednesday**
- **Thursday, September 25th (1:00 PM ET): How to Create Effective Study Skills**
- **Thursday, September 25th: Advanced APA Style Writing Skills**
- **Friday, September 26th: Advanced Time Management Skills**
- **Saturday, September 27th: Advanced Technology Skills**

**Week 6:**

- **Monday, September 29th: Spotlight-Disability Services**
- **Tuesday, September 30th: Financial Literacy Series (6:00 PM ET)**
- **Tuesday, September 30th: Back on Track**
- **Wednesday, October 1st: SAP Warning Information**
- **Thursday, October 2nd (1:00 pm EDT): Understanding Your GPA**
- **Thursday, October 2nd: Basic APA Style Writing Skills**
- **Friday, October 3rd: Student Empowerment**
- **Saturday, October 4th: Advanced Academic Writing Skills**

**Week 7:**

- **Monday, October 6th: Financial Aid-Part 2**
- **Tuesday, October 7th: Advanced APA Style Writing Skills**
- **Wednesday, October 8th (3:00 PM ET): CCPD Power Hour**
- **Wednesday, October 8th: Advanced Time Management Skills**
- **Thursday, October 9th (1:00 PM ET): Improving Your Notetaking Skills**
- **Thursday, October 9th: Advanced Student Empowerment**
- **Friday, October 10th: Advanced Technology Skills**
- **Saturday, October 11th: Advanced APA Writing Skills**

**Week 8:**

- **Monday, October 13th (6:00 PM ET): Programmatic Pop-Up**
- **Monday, October 13th: Advanced Time Management**
- **Tuesday, October 14th: Finishing Strong**
- **Wednesday, October 15th: Finishing Strong**
- **Thursday October 16th: SAP Warning Workshop**
- **Friday October 17th: Trivia Night: Halloween & Fall Theme**
- **Saturday October 18th: Finishing Strong**

**Workshop Descriptions:**

**Academic Writing:** This workshop will help you learn how to create a paper that will present your research in an effective and organized manner.

**APA Style Writing:** APA writing can be a challenge for some students, but it doesn't have to be! We will break down writing your 7<sup>th</sup> edition APA paper here.

**Back on Track:** If you have fallen behind in your classes, we have some tips to help you get caught up again and have a better likelihood of success as you finish the term.

**Creating A Discussion Board Post:** Discussion boards help you communicate with your colleagues in class and share ideas. This workshop will help you join the discussion with confidence.

**Financial Aid:** Learn about how Financial Aid can provide an opportunity for students to fund their education.

**Finishing Strong:** This workshop will give tips to students on how to successfully complete their courses for Term 2 while making sure they are prepared for a good start in Term 3.

**Library & Research Skills:** Where and how you research is critical to your success as a student. This workshop will give you tips on research skills using our Traurig Online Library.

**Overcoming Student Stress:** As adult learners, life can be stressful and adding courses can add stress. This workshop will discuss understanding student stress and some tips on how to manage it.

**Retaking A Course:** This workshop will provide tips to give students a better chance at success when retaking a course.

**Scholarship Workshop:** For students who have limited funding choices, scholarships can help provide additional options to pay for their education.

**Student Empowerment:** Being a successful student starts with confidence and self-advocacy. In this workshop, we will show you where to find help when you need it and how to use motivation to keep you on the path to success.

**Spotlight:** Each term we will highlight a different department or area to present to students to demonstrate the support we offer. Staff members will provide an overview, and students will have an opportunity to ask questions.

**Technology for Adult Learners:** Understanding modern devices and software is critical for success as a student. This workshop will review and introduce some useful tools to help you stay connected.

**Time Management:** How do you fit schoolwork into your busy life? In this workshop, students will learn best practices to help them manage coursework into their busy schedules.

**University Policies:** This workshop will feature a review of university policies to help students be aware of important information regarding their experience at Post.